

## Lunch Menus: November 2023



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 ALL Saints Day Beef Chili Shredded Cheese Corn Bread Saltines Vegetable Sides Include: Fruit juice, fresh fruit, and salad bar</p>	<p>2 Baked Potatoe Steamed Broccoli Cheese Sauce Bacon Bits uncrustables* Sides Include: Fruit juice, fresh fruit, and salad bar *</p>	<p>3 First Friday Mass Early Dismissal</p>	
	<p>5 Chicken Rice Oriental veggie mix Teriyaki Sauce Sides Include: Yogurt, fresh fruit, veggies and dip</p>	<p>7 Turkey Slices Brown rice Tomato Slices bread hot soup sides include: Yogurt, fresh fruit and salad bar</p>	<p>8 Pizza Pasta salad vegetable chips Sides Include: Yogurt, fresh fruit and salad bar</p>	<p>9 Seasoned Beef Fiesta Rice Chipolte Sauce Wraps Sides Include: Yogurt, fresh fruit, salad bar</p>	<p>10 VETERANS DAY NO SCHOOL</p>	
	<p>12 PROFESSIONAL DEVELOPMENT NO SCHOOL</p>	<p>14 Beef Hot dogs/wings Baked beans Vegetable Chips Sides Include: Yogurt, fresh fruit, and salad bar</p>	<p>15 Tacos Cheese Meat Spanish Rice Salsa Sour Cream Sides Include: Yogurt, fresh fruit, and salad bar</p>	<p>16 Chicken Salad Potatoes Vegetable Sub Rolls Sides Include: Yogurt, fresh fruit, and salad bar</p>	<p>17 Grilled cheese roll up Sweet potatoe fries Tomato soup Chips pickles Sides Include: Yogurt, fresh fruit, and Tuna fish on salad bar</p>	
	<p>19 Spaghetti Meatballs sauce Vegetable Rolls Sides include: yogurt, fresh fruit, veggies and dip</p>	<p>21 Beef Rice &amp; beans Wraps Sour cream Sides Include: Fruit Juice, fresh fruit, and salad bar</p>	<p>22 Thanksgiving Break Begins Early Dismissal</p>	<p>23 NO SCHOOL</p>	<p>24 NO SCHOOL</p>	<p>25</p>
<p>26 Fajita Chicken onions and peppers black beans wraps Sides Include: Yogurt, veggie &amp; dip and fresh fruit</p>	<p>27 American Chop Suey Broccoli vegan pasta Vegetable Sides Include: Yogurt, fresh fruit, and salad bar</p>	<p>28 Seasoned Beef Cheese Sauce Salsa Nacho chips vegetables Sides Include: fresh fruit, fruit juice and salad bar</p>	<p>29 Chicken beans Vegetable Rice or potato uncrustables* Sides Include: Fruit juice, fresh fruit, and salad bar *contains nuts</p>			